# Government Girls PG College, Ghazipur Department of Home Science B.A./B.Sc. in Home Science

# **Program Outcomes (After 3 Years of Study)**

1- The program has been framed in such a manner that students receive real feel of quality education by touching all aspects of human lifecycle.

2-Designed to enhance the capacity of students to understand universal and domain-specific values in Home Science.

3-Develop the ability to address the complexities and interface among of self, societal and national priorities Inculcate both generic and subject-specific skills to succeed in the employment market and standards of life

Promote research, innovation and design (product) development favouring all the disciplines in Home Science.

4-This programme develops scientific and practical approach among the students which helps in their day to day life.

## PROGRAM SPECIFIC OUTCOMES

(संस्थान में इस कार्यक्रम- बीए/बीएससी को करने के विशिष्ट परिणाम)

\*At the end of program following outcomes are expected from Home science students :-

•Learn about the discipline of Home Science as a holistic field of study covering multiple facets and requirements of human beings in day to day living, for example, achievement of appropriate milestones in personal development; awareness, need and use of family resources; access to adequate nutrition for wholesome development; clothing fundamentals.

•May have capabilities to start earning by enhancing their skills in the field of Nutrition and Textiles.

•At the end of program following outcomes are expected from students:Develop sensitivity, resourcefulness, and competence to render service to enhance development of individuals, families, communities, and the nation at large.

•Enhance abilities involved in acting as proactive agents of change in promoting the discipline of Family and Community Sciences .

Explore and decide upon viable avenues of self-employment and entrepreneurship.

•Programme is framed to Encourage a genre of responsible students with a passion for lifelong learning and entrepreneurship, it also generate multi-skilled leaders with a holistic perspective that cuts across didisciplines.

.•Promote research, innovation and design (product) development favouring all the disciplines in Home Science.

•Enhance digital literacy and apply them to engage in real time problem solving and ideation related to all fields of Home Science.

Appreciate and benefit from the symbiotic relationship among the five core disciplines of Home Science – Resource Management, Food Science and Nutrition, Textiles and Clothing, Human Development and Family Studies and Extension and Communication.

•After this degree programme students can be benefitted by getting jobs in various fields like government sector, working with NGOs, jobs as an extension worker, Education etc. and also they can feel the sense of entrepreneurship as well.

#### **Course Outcomes (Semester or Paper wise sequence)**

\*After completing the course from Government girls pg College Ghazipur, UP Home science students will be able to:

• understand physiology based courses. •Students will get familiar with different methods of cooking.

• Acquaint students with practical knowledge of nutrient rich foods.

•Explain the need and importance of studying human growth and development across life span Identify the biological and environmental factors affecting human development.

•Learn about the characteristics, needs and developmental tasks of infancy & early childhood years.

#### \*Girls will get familiar with different methods of cooking.

•Acquaint students with practical knowledge of nutrient rich foods.

•Learn about scope of textile and clothing.

•Understanding why fabrics are different.

•Learn how fabrics can be manufactured.

•Understand basic clothing concepts and garment making .

•Learn the family resource management as a whole.

•Understand the Decision making and use of resources throughout the Family life cycle.

•Gain knowledge about Time, Money & Energy as a Resource.

•Appreciate Household Equipments for work simplification.

#### \*Ability to identify fibers and fabrics:-

•Learning basic Sewing skills.

•Learn how garments are stitched.

\*Create an awareness about importance of healthy meal at various stages of life cycle.

•Inculcate healthy eating practices among students.

- Develop skill of meal planning for different physiological groups.
- Explain the Physical & Psychological changes during middle childhood, adolescent and adulthood stage.
- •Identify the biological and environmental factors affecting personality.
- Learn about the characteristics, needs and developmental tasks of Middle childhood years, Adolescent & Adulthood stage.

# \*Girls will be able to cope up with adolescent and adulthood problems.

- Understand and handle development related issues more efficiently.
- Able to know human behaviour.
- Understand individual differences.

\*Grasp knowledge of Housing need & selection of site in real life situations.

- Comprehending Housing plans for residential purpose.
- Appreciate principles of design and the contributing factors to refine personal aesthetic senses.
- Learn the widening concepts of Extension Education.
- Develop understanding for Effective teaching and learning.
- •Comprehend the various effective communication methods.
- Gain skills to use technologically advanced Audio-visual aids.
- \*Developing skills for making time plan for effective balance of work & leisure.
- •Plan & prepare budget for the family.
- •Incorporate appropriate work simplification in using household equipements.
- •Develop understanding for house planning & decoration

## .\*Identify the different techniques of fabric from surface .

- •Learn about finishes done on fabrics
- •Knowing about dyeing fabrics

- •Learn how printing on fabrics is carried
- •Knowing the traditional embroideries of India
- •Identifying traditional textiles of different states
- •Knowing the importance of appropriate laundry memethodirls

\* Home Science students Understand the Community Development dynamics & organizing system for Development.

- •Create awareness about the various development programmes.
- Identify the leadership pattern in the community.
- Impart skills to implement, monitor & evaluate programmes.

•Learns to communicate with community around Learns to prepare a survey/interview schedule Becomes sensitized to problems being faced in community Increases awareness of candidate.

## \*Gain knowledge of principles of diet therapy.

- •Develop and understand modification of the normal diet for therapeutic purposes
- •Practical knowledge of dietary management in some common disorders.

\*Government girls pg College Ghazipur's students at the completion of the course will be able to:

- Explain the concept and use of Research.
- •Develop a research proposal.
- Learn about the data, sample and report writing.
- Conduct survey.
- To develop insight into the General issues of women.
- To understand strategies for empowerment of women.